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MEDIA RELEASE

‘From Moods to Madness’ is the theme of the 3rd Annual Mental Health Conference hosted by Brisbane Waters Private Hospital this Saturday 26th at Crown Plaza Terrigal.

Some of Australia’s leading Psychiatrists and over 100 delegates from the Mental Health Industry will gather to attend the ‘From Moods to Madness – A Psychological Masterclass for Primary Health’ conference.

“It is a unique opportunity to have such a large group of dedicated Mental Health Professionals together to hear selected key topics from renowned Psychiatrists from across the country addressing current and emerging mental health issues on the Central Coast,” says Kathy Beverley CEO, Brisbane Waters Private Hospital.

“1 in 5 Australians are affected by mental illness, yet many don’t seek help because of stigma. The team at Brisbane Waters Private are dedicated to doing more for the community and helping to shed a more positive light on mental health.”

Convening top class Psychiatrists in the one room to address Central Coast, Sydney & Hunter GPs is an instrumental way of assisting the GP Community gain an understanding and insight to the clinical approach to dealing with patients with Mental Health disorders.

International renowned Psychiatrists such as TV Personality, Dr Tanveer Ahmed, and Co-Creator of the SBS TV series, Changing Minds, Dr Mark Cross, are just a couple of the speakers presenting at this Saturdays conference.

Delegates will hear emerging topics such as; Troubled Teens and Primary Practice, Why is Bi-Polar Disorder so hard to diagnose & manage? Modern Management of Depression: it’s not all about serotonin, and Pitfalls along the journey from acute psychosis to maintenance.

This is an ideal opportunity for Mental Health professionals to identify medication use in young people, and recognise the challenge of self-harm in young people which is a growing concern on the Central Coast, in particular.

Healthe Care Australia’s Brisbane Waters Private Hospital is also delighted that the Conference coincides with Mental Health Month For those wanting further information about mental health services on the Central Coast, visit <https://centralcoastclinic.com.au/> or call 1800 814 226

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About Brisbane Waters Private Hospital:

Brisbane Waters Private Hospital is a 109 beds surgical, medical, rehabilitation and mental health facility on the Central Coast of NSW. It is situated near a major transport hub and co-located with a radiology practice and medical suites. The hospital has been delivering high quality patient care to the Central Coast community since 1978, with a dedicated Day Surgery Unit with overnight capacity. The Hospital boasts 4 modern operating theatres, a state-of-the-art 34 bed Rehabilitation & Research Unit, a dedicated 37 bed Mental Health Unit, a patient dining room, a café, a second gymnasium, a hydrotherapy pool and free onsite parking.

About Healthe Care

Healthe Care Australia is the third largest private hospital operator in Australia. We employ 7,000 people across Australia and in New Zealand, and operate a portfolio of 36 private health care facilities including six day surgeries. Healthe Care Australia is a subsidiary of Luye Medical Group, the health care service division of Luye Life Sciences Group. As a leading pan-Asian health care services group, our Healthe Care management team continues to work with other Luye executives to explore growth opportunities across Australia, South East Asia and China. Since our establishment in 2005, our business has grown through deliberate expansion of our existing facilities, and targeted acquisition of other health care services. We have around 2,500 beds and over 70 operating theatres. With near 800 mental health beds, we are one of the largest private providers in Australia's mental health sector.