



Dr Su
Kalava

Dr Su Kalava MBBS, FRANZCP completed her medical degree in 2008 and became a Fellow of The Royal Australian and New Zealand College of Psychiatry in 2017.

Dr Kalava is Australian trained and has worked in a variety of settings including tertiary hospitals, and regional and rural areas across QLD, SA, NSW. She has completed extensive work experience locally at both Wyong and Gosford hospitals and has worked in a mood disorders unit that specialises in treatment resistant mood disorders. She also completed over a years experience in specialist drug and alcohol service at Royal North Shore Hospital.

Dr Kalava also has experience in Electroconvulsive Therapy (ECT) and is keen to see patients with personality disorders. She is trained in psychotherapy including:

- Cognitive Behaviour Therapy (CBT)
- Interpersonal therapy (IPT)
- Motivational interviewing (MI), and
- Psycho dynamically informed psychotherapy

Dr Kalava specialises in addiction psychiatry, with a special interest in chronic pain.

Areas of interest include:

- Attention Deficit Hyperactivity Disorder (ADHD)
- Dual diagnosis – addiction disorder, mental illness
- Perinatal Mental Health – Antenatal depression, Postnatal depression and Postpartum Psychosis
- Chronic pain
- Personality disorders
- Mood disorders (trained at Northside Clinic – Mood Disorders Unit)

Dr Kalava has joined the Psychiatry team at Brisbane Waters Private and is pleased to accept referrals for outpatients immediately.

Referrals:

Outpatient referrals for Dr Kalava can be made by contacting Brisbane Waters Private Hospital on:

T: 02 4343 0265

F: 02 4342 7164

For urgent inpatient enquiries, please contact 1800 814 226 to speak with the Mental Health Intake Officer.

Outpatient referrals for Dr Kalava at The Hills Clinic, Hornsby can be made by contacting 1300 122 144.

Brisbane Waters
Private Hospital

21 Vidler Ave, Woy Woy T: 4341 9522 / brisbanewatersprivate.com.au

The Hills
Clinic