



Dr Sangeetha
Makielan

Dr Sangeetha Makielan MD (Hons), FRANZCP is a fellow of the Royal Australian and New Zealand College of Psychiatrists and is an accredited member of the Faculty of Child & Adolescent Psychiatry. She commenced her specialist medical training in psychiatry at the Maudsley in the UK and finished her specialist training in Australia.

Dr Makielan is passionate about working collaboratively with patients and offering a holistic approach to treatment to achieve optimal outcomes for infants, children and their families. Treatment is built on mutual respect, responsibility, and commitment.

Having lived and worked in different countries, Dr Makielan embraces the cultural diversity and is experienced in working with people from Culturally and Linguistically Diverse (CALD) backgrounds including those from remote indigenous communities. Sangeetha speaks Tamil language fluently and understands Hindi.

Dr Sangeetha Makielan sees children under the age of 18, perinatal and postnatal mothers and families of the children and mothers.

Specialities include:

- Child and Adolescent Psychiatry, including children under the age of 18 (Anxiety, Depression, ASD, ADHD, Complex Trauma, Gender Dysphoria, School Refusal, Psychosis)
- Perinatal Mental Health – Antenatal Depression, Postnatal Depression and Postpartum Psychosis
- Psychotropic medication used during pregnancy and breastfeeding
- Adjustment difficulties with pregnancy or parenting
- Grief associated with fertility and perinatal loss
- Perinatal and infant psychiatry (e.g. bonding difficulties)
- Parent-child relationship difficulties
- Psychotherapy – Individual, Parent-Child, Family Therapy
- Transcultural Psychiatry

Referrals:

Dr Makielan is pleased to accept referrals for patients, by contacting Brisbane Waters Private Hospital on:

T: 02 4343 0265

T: 1800 270 888

F: 02 4342 7164

E: contact@dolphintribe.com.au

W: familypsychiatrist.com.au or dolphintribe.com.au

For urgent inpatient enquiries, contact 1800 814 226 to speak with the Mental Health Intake Officer.

Brisbane Waters
Private Hospital

21 Vidler Ave, Woy Woy NSW 2256 T: 4341 9522 / brisbanewatersprivate.com.au