

# Acute Community Service

A community mental health service that comes to you.



## Services provided

- Psychoeducation
- Relapse prevention planning
- Skills training in management of symptoms and medication
- Exposure therapy
- Brief therapeutic interventions
- Occupational therapy assessment for the home environment
- Exercise physiology transition of hospital exercise plan to the community
- Counselling assistance with financial, legal and accommodation issues
- Vocational support
- Community engagement

## Further information

For information on this service please contact  
Brisbane Waters Private Hospital Acute  
Community Service:

P. 1800 814 226

**Brisbane Waters**  
Private Hospital

### About the service

This is a mental health home visit service. It is supported by mental health nursing and a specialist allied health team who can conduct assessments as requested by your Brisbane Waters Private Hospital treating Psychiatrist. This service can be an alternative to a hospital admission or a part of your discharge plan from a hospital admission.

### When is it held?

This service is available on a weekly basis. Public holidays, weekends, after hours service are not available.

### How to access the service

If you are interested in receiving Brisbane Waters Private Hospital Acute Community Services you will need to discuss this with your Psychiatrist who will assess your suitability and if appropriate, provide a referral for assessment.

### How much does it cost?

If your private health fund supports the Hospital in the Home program you are likely to be eligible for Brisbane Waters Private Hospital's Acute Community Service. Please be aware some health funds will differ as to how many community visits you are entitled to, or if there are any out-of-pocket costs.

Our team can assist you with this, once your treating Psychiatrist arranges a referral.

Please note at this stage there is limited health fund support for this service, which we are addressing. Any questions please ask the Nurse Unit Manager or Discharge Planner.